

# CAL HIGH GRIZZLY WOMEN'S BASKETBALL PARENT MEETING

1. Introduction by Coach Rodriguez and the other coaches – Coach Rodriguez to talk about coaching experience, philosophy, etc.
2. Message from Coach Rodriguez to discuss expectations for the season including player and parent expectations/commitment.

## Expectations and protocol for parents/guardians:

1. Support your student-athlete's efforts to success.
2. Work to promote a positive environment that is conducive to the development of your student-athlete.
3. Treat all coaching personnel with courtesy and respect.
4. Assure that your student-athlete will attend all scheduled practices and athletic contests.
5. Promote and model mature and sportsmanlike behavior at all athletic contests.

## Expectations and Protocol for Coaches:

1. Promote the health and safety of student athletes at all times.
2. Be a model for appropriate language, sportsmanship, and behavior at all times.
3. Establish time demands that acknowledge the primary importance of each student-athlete's academic and family responsibilities.
4. Promote among athletes and coaches a solid sense of team membership.
5. Assist, whenever appropriate, with post high school planning for individual student athletes as it relates to athletics.
6. Be available to meet with parents at times that are mutually convenient and in alignment with the athletic department's parent/coach guidelines.

## Parent/Coach Communication plan

### Communication a parent/guardian should expect from a coach:

- 1. The expectations the coach has for your child as well as the players on the team.**
- 2. Locations and times of all practices and games.**
- 3. Team requirements.**
- 4. Discipline that may result in the denial of your child's participation.**

### Appropriate concerns to discuss with coaches:

- 1. Situations involving your child.**
- 2. Ways to help your child improve.**

3. Your child's attitude, work ethic, and eligibility.

4. Concerns about your child's behavior

[Issues that are not appropriate to discuss with coaches or AD:](#)

1. Playing time of any student-athlete

2. Team strategy, practice organization, or play calling.

3. Other student-athletes

[Procedures to follow if there is a concern to discuss with a coach:](#)

1. Your child should speak to the coach about an issue, before you intervene. This will help our Student-Athletes grow into young adults.

2. Contact the coach to set up an appointment. If the coach cannot be reached, contact the athletic director. They will assist you in arranging a meeting.

3. If a meeting with the coach did not provide a satisfactory resolution, call to schedule an appointment with the athletic director to discuss the situation. The **\*\*\*AD will only intervene if the issue has already been discussed with the coach.**

**\* Please do not confront a coach before or after a game or practice. Meeting of this nature normally do not assist in creating a resolution to the situation.**

3. Donations and Fundraising are critical to supporting our program:

- Women's basketball recommended donation of \$300. (Below is the information regarding Athletic donations from the Cal High website regarding self-funded athletics).
- Online Fundraising – email blast. Players will send 20 emails to family and friends requesting donations to support their team.
- Corporate Sponsorships – for \$250 companies can advertise on the Scrolling Score Table
- \$20 Snack Bar donation requested to replenish the snack bar
- Keep an eye out for fundraising opportunities throughout the season (such as bake sales, fleece blanket sales, etc)
- Your support is greatly appreciated!

## FUNDING ATHLETICS

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### **Funding**

High School athletics in the San Ramon Valley Unified School district are "self-funded." We cannot run the programs without your support. High Schools do not receive district (tax dollar) funds for equipment, uniforms, transportation, and most coaching stipends. As such, voluntary donations are solicited to fund these valuable programs. Without your generous donations sports at California High School cannot be offered. High school sports cost much less than outside club sports. Please keep them afloat and ongoing with your donation.

### **Voluntary Donations (defined)**

Voluntary donations are needed to help alleviate our coaching staff from necessary administrative duties that the Athletic Department performs, and allows coaches to focus on our student-athletes.

These donations cover major operating costs of our athletic budget which includes: officials, equipment, possible athletic trainers, supervision/security, facility, first aid supplies, CIF, NCS & League fees and various general expenses to operate our athletic department budget.. The suggested donation will be detailed in a specific sport budget presented to parents at an orientation meeting after teams have been finalized.

4. Volunteering– the program won't be successful without parent volunteers. We need everyone's help in some way.
  - Carpool drivers –The program does not provide transportation to away games so we have to rely on parent drivers. In order to drive, the school office must have parent driving forms on file and it only needs to be filled out once during the year and is a very simply process. We encourage all parents to register at [www.beamentor.org](http://www.beamentor.org). PLEASE DO THIS RIGHT AWAY! It can take up to a few weeks to be cleared and our first tournaments are right around the corner. All players must meet and leave as a group from Cal High with an approved carpool driver.
  - Snack Bar – Only 7 home games. Please sign up today on the sign-up sheet. Freshmen parents work Freshmen games, Junior Varsity parents work Varsity games and Varsity parents work Junior Varsity games.
  - Carbo Loads/Team Dinners – Main purpose of these dinners is for team bonding off the court. The dinners are for players and coaching staff. Coach Rodriguez will schedule these and we'll need parents to host these events.
  - Senior Night – Friday, February 1<sup>st</sup>. Need 2 to 3 parent volunteers from the Varsity level to plan event. Please volunteer on sign-up sheet.
  - Grizzly Madness –Need 2 parent volunteers from each level to collect team contributions and coordinate the auction item. Cal High Athletic Boosters (CAB)
  - End of Year Banquet – Need 2 parent volunteers to plan and organize this event

- Statisticians/Scorekeepers - ?? volunteers needed
  - Videoing Games – 3 volunteers per level requested (this way parents can rotate the obligation)
  - Team Photographer – 1 volunteer per level requested
5. Team Website – resource available for parents and players. Any suggestions for improvement please email [calgrizzlybasketball@gmail.com](mailto:calgrizzlybasketball@gmail.com)
6. Team Picture Day